Better Blood Pressure, Simplified

The Livongo for Hypertension program offers a simple, advanced blood pressure monitor combined with the power of personalized coaching covered by Tribune Publishing Company.

The program is included in your health benefits, offered to you and your family members with diabetes and coverage through a Blue Cross and Blue Shield of Illinois (BCBSIL) PPO or HSA plan.

Program includes trends and support on your secure Livongo account and mobile app but does not include a tablet or phone. You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.

It’s all for you and at no cost to you.

- Personalized tips with each blood pressure check
- Support when you need it most
- Set reminders on when to check your blood pressure
- Easily share readings with your doctor, if and when you want to
- Automatic uploads mean no more writing down numbers

Personalized Support, Just For You

More details and how to register coming in January 2020. For more information on the program visit www.livongo.com.